

Death, dying and Bereavement

The Oaks and Allied
Health Professions' role



Summary of AHPs at the Oaks

- 1 physiotherapist
- 1 occupational therapist
- 2 interdisciplinary rehab assistants
- 1 dietician
- 1 pharmacist

Physiotherapist's role (Day Care and Mondays-clinic and courses)

- Joint team assessment – identify mobility problems, areas of weakness
- Pain assessment
- Jointly with OT monitor deteriorating moving/handling problems, mobility aids
- General and specific exercise
- Relaxation groups
- Acupuncture

Occupational therapist's role (Monday -courses and home visits, Day Care)

- Joint assessment with rest of team
- Works closely with physio re deteriorating mobility problems
- Home visits to identify ADL needs, working closely with community OTs
- Emotional support (along with team) through creative writing, memory boxes
- Fatigue management
- Relaxation groups

Interdisciplinary Team assistants' role

- Carry out exercise programmes, walking practice as delegated by physio
- Carry out range of activities with patients as directed by OT, and help with ordering/supply of equipment
- Assist with bathing, dressing, toileting
- Assist dietician with weighing and simple assessment
- General involvement in day care room
- Hand massage

Dietician's role

- Assessment and review of patients' current medication
- Liaising between patient, GPs, pharmacies, consultants if problems with medication
- One to one time with patients allaying fears and explaining effects of their medication
- Trouble shooting for the team when they have concerns re a patient's medication